



## **Swim Requirement**

We value our students having many lifelong skills. One skill we feel every member of our community should have is the ability to swim. In today's society, one never knows when they may be faced with the need to swim. Many of our athletic teams use the swimming pool to train, some of the trips we offer during vacations require a basic swim ability and one never knows if traveling on their own when they may need to be able to hold their own in the water.

WMA wants to ensure our students have a basic understanding of how to survive in water. Our Middle School offers swim lessons for their students, and we would like to extend that to the Upper School. This Fall, we will require that all students new to the Upper School be able to swim a minimum of 75 yards and tread water for 2 minutes.

Students will be tested within the first couple of weeks of the fall season, and if they choose not to be tested or are unable to complete the test, we will offer swim lessons. The lessons will be free and can be private or in a group.



## Swimming Evaluation

Name \_\_\_\_\_

Years of experience swimming \_\_\_\_\_

What is your swim experience/level (choose one)?

- 1. I am on a swim team and am a proficient swimmer
- 1. I have a good swimmer and can swim 3 lengths of a pool (75 yards) and tread water for 2 minutes easily
- 1. I feel comfortable swimming 3 lengths of a pool (75 yards) and tread water for 2 min
- 1. I am an ok swimmer and think I could swim 3 lengths (75 yards) of the pool and tread water for 2 min
- 1. I am not a strong swimmer
- 1. I have never swam
- 1. I am not comfortable swimming

You will be assigned a time to meet in the pool for an evaluation during the first couple of days of school.

If you have any questions do not hesitate to contact me at [ewhipple@wma.us](mailto:ewhipple@wma.us)