



Wilbraham & Monson Academy Swim Requirement

As the Global School, we value our students having many lifelong skills. One skill we believe every member of our community should have is the ability to swim. In today's society, one never knows when they may be faced with the need to swim. Many of our sports teams use the swimming pool to train, some of the trips we offer during vacations require a basic swim ability, and one never knows if traveling on their own when they may need to be able to hold their own in the water. WMA wants to ensure our students have a basic understanding of how to survive in water. Our Middle School offers swim lessons for their students, and we would like to extend that to the Upper School. In the fall of 2018, we will require that all new Grade 9 & 10 students be able to swim a minimum of 75 yards and tread water for 2 minutes.

Future testing schedule:

2019 - all new Grade 9, 10 and 11 students

2020 - all students will be engaged in the swim requirement

Students will be tested in the fall, and if they choose not to be tested or are unable to complete the test, we will offer swim lessons. The lessons will be free and can be private or in a group.



New Grade 9 & 10 students need to fill this form out

Swimming Evaluation

Name _____

Years of experience swimming _____

What is your swim experience/level (choose one)?

- A. I am on a swim team and am a proficient swimmer
- B. I have a good swimmer and can swim 3 lengths of a pool (75 yards) and tread water for 2 minute easily
- C. I feel comfortable swim 3 lengths of a pool (75 yards) and tread water for 2 min
- D. I am an ok swimmer and think I could swim 3 lengths (75 yards) of the pool and tread water for 2 min
- E. I am not a strong swimmer
- F. I have never swam
- G. I am not comfortable swimming

Please return by Aug 1.

You will be assigned a time to meet in the pool for an evaluation during the first couple of days of school.

If you have any questions do not hesitate to contact me at ewhipple@wma.us